

Be a “Positive” Job Seeker

Basic ideas

- It’s simple: Employers hire people who can meet their needs.
- Be very clear about what you are good at—your positive traits
- Be prepared to talk positively about your skills, talents, strengths, education, and experience.

Create a “positive” introduction: Be prepared to tell others...

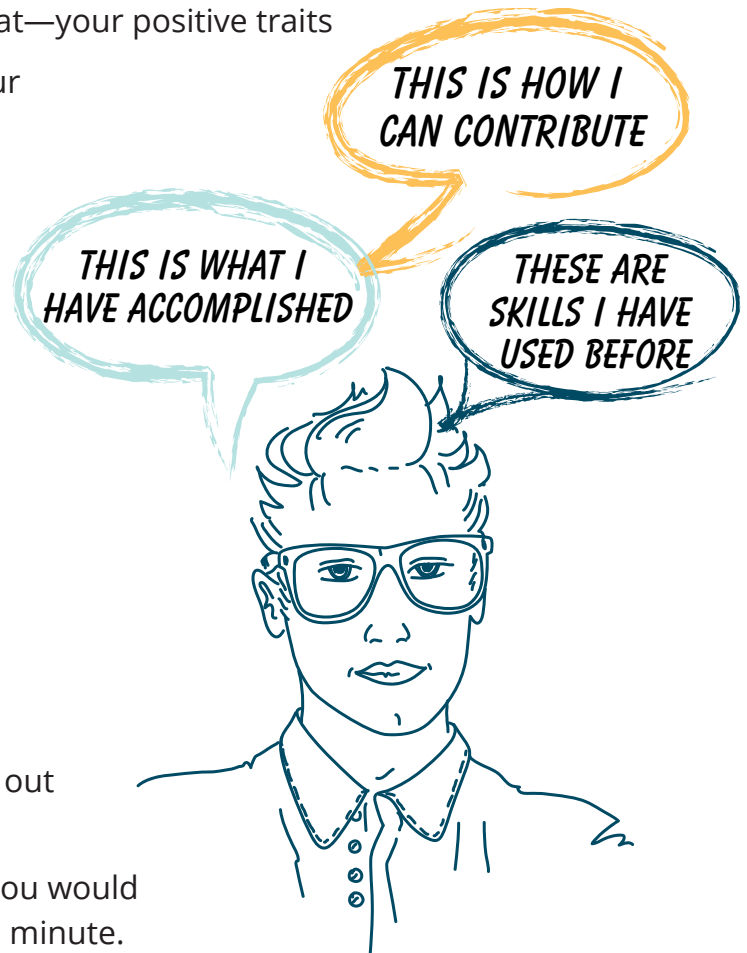
- What people like and admire about you
- What you have accomplished
- About your strengths
- How you solve problems
- How you can help an employer

What can you do next?

- Talk to people who know you well. Find out what they like and admire about you.
- Make an “elevator” pitch. Decide what you would tell a stranger about yourself in about a minute. Make it positive. Keep it simple.

Want to learn more?

- A Quick Guide to Writing Your Elevator Pitch: <http://z.umn.edu/elevatorpitch>
- Make Work a Part of Your Plan website: <http://mpccp.umn.edu/employment>
- Does your child with a disability have an elevator pitch?: <http://z.umn.edu/childelevatorpitch>



This series was made possible through funding provided by the Minnesota Department of Human Services (MDH) to the Research and Training Center on Community Living, Institute on Community Integration, at the University of Minnesota for the MN Person-Centered Change Projects (MPCCP). The University of Minnesota is an equal opportunity employer and educator.